

**SDA-NAD K-12 Education Goals and Essential Core Elements**

**Standard #** Seventh-day Adventist North American Division: [www.journeytoexcellence.org](http://www.journeytoexcellence.org)

**J2E 1 Acceptance of God**  
*Surrender one's whole life to God; develop a relationship with Jesus Christ; and allow the Holy Spirit to work in one's life.*

- J2E 1.1 Accept God as the Creator and the Redeemer.
- J2E 1.2 Have a growing knowledge of God's Word and enjoyment in its study.
- J2E 1.3 Embrace God's gift of grace by accepting Christ as one's personal Savior.
- J2E 1.4 Discover the importance and power of prayer and faith in one's relationship with Jesus.
- J2E 1.5 Value God's revelation of Himself through inspired writings and creation.
- J2E 1.6 Respond to God's love by using one's spiritual gifts to serve others.
- J2E 1.7 Recognize God gave the Ten Commandments to show us how to love Him & each other.
- J2E 1.8 Value and participate in worship alone and with others.

**J2E 2 Commitment to the Church**  
*Desire to know, live and share the message and mission of the Seventh-day Adventist Church.*

- J2E 2.1 Be an active participant in one's local church.
- J2E 2.2 Understand how the organization of the Adventist Church facilitates its mission.
- J2E 2.3 Become involved in spreading the gospel throughout the world.
- J2E 2.4 Accept the fundamental beliefs of the Seventh-day Adventist Church.
- J2E 2.5 Appreciate the heritage of the Seventh-day Adventist Church.
- J2E 2.6 Relate to lifestyle choices and cultural issues based on biblical principles.

**J2E 3 Interpersonal Relationships**  
*Develop a sense of self-worth, skills in interpersonal relationships, an understanding of the responsibilities of family membership and the ability to respond with sensitivity to the needs of others.*

- J2E 3.1 Recognize that God's ideal for the basic unit of society is the family.
- J2E 3.2 Develop an appreciation for the diversity of individuals.
- J2E 3.3 Acquire knowledge, attitudes and skills essential to meeting family responsibilities, whether living alone or with others.
- J2E 3.4 Recognize that God's unconditional love gives one self-worth.
- J2E 3.5 Value sexuality in the context of God's ideal.

**J2E 4 Responsible Citizenship**  
*Develop an understanding of cultural and historical heritages, affirm a belief in the dignity and worth of others and accept responsibility for local, national and global environments.*

- J2E 4.1 Exhibit concern and sensitivity for other peoples and cultures.
- J2E 4.2 Participate actively in local, national and global communities.
- J2E 4.3 Understand the functions of governments and their impact on individuals and society.
- J2E 4.4 Use a biblical perspective to analyze history and current events.
- J2E 4.5 Assume an active role in nurturing and preserving God's creation.

**J2E 5 Healthy Balanced Living**  
*Accept personal responsibility for achieving and maintaining optimum physical, mental and spiritual health.*

- J2E 5.1 Recognize that God's ideal for quality living includes a healthy lifestyle.
- J2E 5.2 Incorporate into one's lifestyle the principles that promote health: nutrition, exercise, water, sunlight, temperance, air, rest, trust in God.
- J2E 5.3 Avoid at-risk behaviors.
- J2E 5.4 Apply Christian principles in recreation and sports.
- J2E 5.5 Achieve a balance in work/leisure; balance physical, mental, social & spiritual activities.
- J2E 5.6 Recognize the interaction of physical, mental & spiritual health with emotional & social well-being.

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**J2E 6 Intellectual Development**  
*Adopt a systematic, logical and biblically-based approach to decision-making and problem-solving when applied to the developing body of knowledge.*

- J2E 6.1 Broaden intellectual abilities through the study of God's Word.
- J2E 6.2 Use critical and creative thinking skills in "real-world" experiences.
- J2E 6.3 Develop one's intellectual potential in natural sciences and mathematics; arts and humanities; social sciences and applied arts.
- J2E 6.4 Utilize effective study techniques to locate, organize and learn information.
- J2E 6.5 Apply the principles of life-long learning.
- J2E 6.6 Approach all intellectual pursuits from a biblical perspective.

**J2E 7 Communication Skill**  
*Recognize the value and importance of effective communication and develop the requisite skills.*

- J2E 7.1 Communicate effectively through the avenues of reading, writing, listening, speaking and non-verbal language.
- J2E 7.2 Apply a Christ-centered perspective to all forms of personal expression and media.
- J2E 7.3 Understand how sensitivity to the differences of others affects communication.
- J2E 7.4 Recognize how media and information technology impact communication.
- J2E 7.5 Utilize communication skills to enhance one's Christian witness.

**J2E 8 Personal Management**  
*Function responsibly in the everyday world using Christian principles of stewardship, economy and personal management.*

- J2E 8.1 Develop responsible decision-making skills.
- J2E 8.2 Appropriately manage one's personal finances.
- J2E 8.3 Acquire skill in the use of technologies.
- J2E 8.4 Develop basic home-management skills.
- J2E 8.5 Value cooperation and teamwork when interacting in groups.
- J2E 8.6 Develop conflict resolution skills.
- J2E 8.7 Manage time effectively.

**J2E 9 Aesthetic Appreciation**  
*Develop an appreciation of the beautiful, both in God's creation and in human expression, while nurturing individual ability in the fine arts.*

- J2E 9.1 View God as the Author of beauty, both in His creation and in human expression.
- J2E 9.2 Employ biblical principles as the basis for appreciation and expression of creative and performing arts.
- J2E 9.3 Develop fine art talents through practice, performance and presentation.
- J2E 9.4 Use aesthetic expression as a means of communication and service.

**J2E 10 Career and Service**  
*Develop a Christian work ethic with an appreciation for the dignity of service.*

- J2E 10.1 Develop an awareness of career options and opportunities in a changing world, as well as in the church.
- J2E 10.2 Recognize the role of useful work in personal development and maintaining self-worth
- J2E 10.3 Develop skills that will enhance employability.
- J2E 10.4 Experience the joy of serving others.
- J2E 10.5 Identify one's interests, abilities and values, understanding their relationship to career options.
- J2E 10.6 Always put forth one's best effort in every task.