



OCTOBER

Book It! Reading Incentive Program.

Reading promotional program by Pizza Hut. www.bookitprogram.com

- The BOOK IT! Program is a free reading incentive program for grades K-6.
- The program months are October through March each year.
- Begin by setting monthly reading goals for each child in your class.
- As soon as the monthly reading goal has been met, present the child with a pizza award certificate.
- The child takes the certificate to a Pizza Hut restaurant, where he or she is congratulated by the manager or service team and given a **free, one-topping Personal Pan Pizza**. On the first visit, the child also receives a **BOOK IT! card with clip** and a **sticker** for the card. There is no purchase necessary and the pizza can be taken to go.
- On each subsequent visit, the child is again congratulated and given another Personal Pan Pizza and a sticker to recognize reading achievement.
- If the child meets the reading goals all six months of the program, he or she is rewarded at the restaurant with a **BOOK IT! All-Star Reader Award**.



BLACK POETRY DAY

October 17

The time to celebrate past and present authors like Langston Hughes, Phillis Wheatley and Paul Laurence Dunbar. The birth of Black Poetry Day came as an anniversary of the first published African-American poet, Jupiter Hammon, who was born into slavery in 1711 on Long Island. With the birth of the Harlem Renaissance, Black Poetry has strived to become what it is today.



Famous Black Poets

- Maya Angelou
- Sterling A. Brown
- Lucille Clifton
- Toi Derricotte
- Paul Laurence Dunbar
- Jessie Redmon Fauset
- Angelina W. Grimke
- Jupiter Hammon
- Langston Hughes
- Claude McKay
- Anne Spencer
- Ntozake Shange
- Natasha Trethewey
- Margaret Walker
- Phillis Wheatley

Select several age appropriate poems from these famous black poets.

Read the poems aloud using expression and feeling. Use the following questions to help students discuss and respond to the poetry.

- Who is speaking in this poem?
 - To whom are they speaking?
 - What is the occasion of the poem?
 - What is the mood of the poem?
 - What devices are used?
(i.e. repetition, rhyming words, etc.)
 - What is the purpose of the poem?
 - What is the theme of the poem?
 - How is the theme developed?
 - Is the language formal or informal?
 - Have you ever felt the same way as the poet?
- (Explain your answer.)

Adapted from <http://www.phila.k12.pa.us/ll/curriculumsupport/aastudies/afr-lsns-merr-black.html>

Lessons for Grades 5 to 8: Black Poetry in Motion: Teaching African and African American History and 21st Century



October is National Popcorn Poppin' Month, a time for popcorn lovers to celebrate the annual harvest of one of America's oldest, tastiest and most beloved snacks. Share the fun with your students and school with these "**Chart-Topping**" activities. Visit <http://www.popcorn.org/> for lots of ideas and lessonplans.

Healthy Snacking

It's hard to believe a snack food that tastes so good can actually be good for you!

- Popcorn is a whole grain food which makes it a high-quality carbohydrate source that is not only low in calories, but a good source of fiber.
- Popcorn is low in calories -- only 31-55 calories in one cup of unbuttered, and when lightly buttered, one cup still only has 133 calories.
- Popcorn has no artificial additives or preservatives, and is sugar-free.
- Popcorn contains energy-producing carbohydrates.
- Popcorn is ideal for between meal snacking since it satisfies and doesn't spoil an appetite.
- Popcorn inspires creativity. While there's no doubt hot buttered popcorn is pleasing to any palate, popcorn also can be enjoyed when combined with seasonings, spices and other foods like raisins, fruit and cheese providing a nutritious, delicious snack.



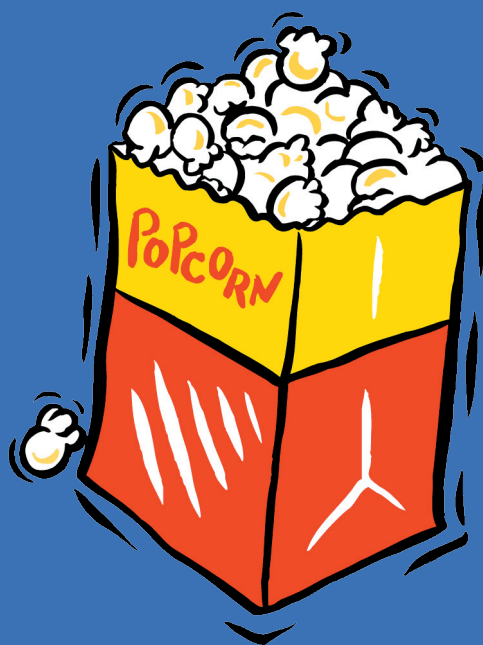
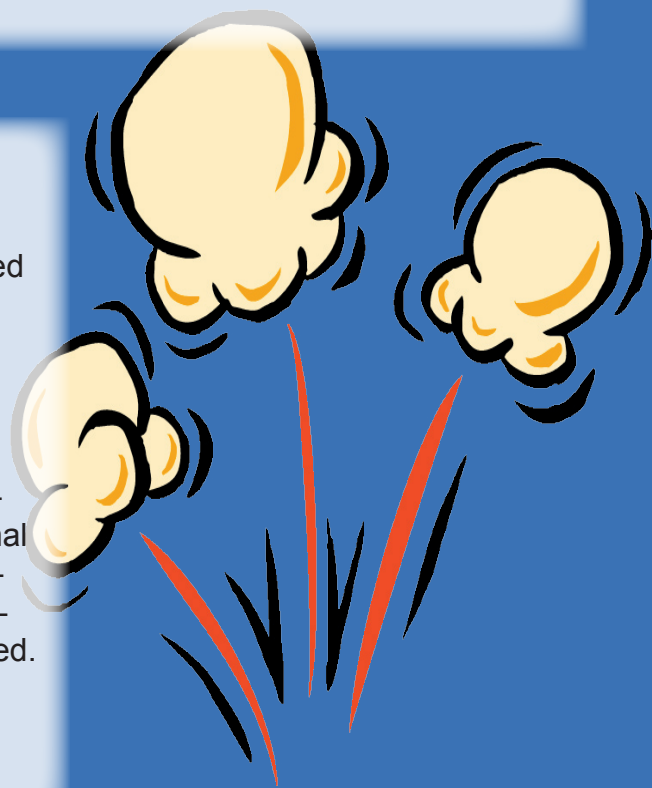
Favorite Flavor

Make several different kinds of popcorn or have each of your students bring in their favorite batch of popcorn. Then have your students conduct a taste test and graph the results.

Seasoned Popcorn

- 2 batches air-popped popcorn
- 1 cup oil (canola, soybean or grape seed work well)
- 3/4 cup nutritional yeast flakes
- Salt
- Dill Weed

Follow directions on air-popper for popping popcorn. Combine oil and nutritional yeast flakes in a microwaves safe measuring cup. Microwave for 1 to 1^{1/2} minutes. Stir until yeast and oil is well mixed. Drizzle over popcorn, sprinkle with salt and dill. Mix and repeat process until popcorn is well coated. Eat and Enjoy!



"Better-Than-Carmel" Popcorn

- 1/2 cup unpopped popcorn
- 1/2 cup tahini
- 1/2 cup molasses
- 1/4 tsp salt.

Follow directions on air-popper for popping popcorn. Heat remaining ingredients in microwave until drizzly. Pour over popcorn. Place on a Pam-sprayed cookie sheet and bake at 200° for 1 1/2 hours. Cool and enjoy!

FAVORITE FLAVOR

Directions: Provide a variety of popcorn flavors for classmates to taste test. Then ask them what their favorite flavor is. Use the frequency table below to gather data. Display results of your survey in a bar graph.

Favorite Type of Popcorn Tasted	Number of Votes
1. butter & salt	

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