

Daily Devotional Life

Purpose: To maintain a vibrant relationship with God and a passion for His call for your life on a daily basis.

Procedure:

- 1) Upon waking, thank God for the new day, tell Him that you love Him and invite Him to fill you with His Spirit.
- 2) Go to the place you have chosen for your time with God. For me it is in the spare bedroom in front of the computer.
- 3) Begin to search in the Spirit of Prophecy and Bible for texts and quotes that apply to the theme you are currently studying.
- 4) Journal on the home computer key texts/quotes and ask the Holy Spirit to give you His thoughts. Sit quietly and wait for the thoughts He will bring to your mind and note them in the journal.
- 5) Pray through the P.R.A.Y model. Parts of the prayer include:
 - Praise God for who He is.
 - Repent for anything in your life that has separated your heart from His.
 - Ask by creating a daily prayer list on the computer which includes: who or what you are praying for; the specific need; the entry date for each prayer. When prayers are answered, signify answered prayers by a chosen symbol and note how and when the request was answered.
 - Yield your heart to God and ask Him to fill you and use you according to His will for each day.

Note: Another good process to follow in your prayers is to place the people you love and those you work with on your screen saver. Throughout the day, as various pictures come up, take 10 second time-outs to pray specifically for them.

- 6) As your devotional time comes to a close. Remind yourself of who you are (God's favored child), and what your purpose in life is (To bring Him joy, to become more like Christ, and to be a "tool in His hands" for the remainder of the day).

Approximate time: 1 ¼ hours.