Day Starters

If you can see it, you can achieve it.

By beholding we are changed into His image. -2 Cor. 3:18

What you say to yourself in the first few minutes of every day has a great influence on how you will live out that day. Try praising God by saying these things out loud and with passion to yourself over and over at the beginning of the day and half way through the day. You may also try making up your own list.

He loves me! I'm a child of the King! God doesn't make junk!

Jesus died for me! I have the MIND of Christ in me! My Father adores me!

His love casts out fear! God is watching over me!

I am special! I'm an ambassador of Christ! The Holy Spirit lives in me!

I've been redeemed! God CALLED me to this ministry!

Successful athletes focus on seeing themselves, step by step, achieving their goal. We need to see ourselves for who we are – God's special children, and what We are here for - His purpose for our lives.

Author: Garry Sudds, 2007